



Southside Catholic Conference 2018 Boys Volleyball League Rules

Eligibility, Forms, and Policies

- 1) All players must be rostered to be eligible to play and players may only be on one roster. **Exception:** double roster rule: if your roster has less than 10 players, you may add 2 names to the bottom of your roster from the grade below. Those players are only allowed to play or even be on the bench if the team has less than 6 players to play a match.
- 2) Current waivers must be turned in signed by a parent/legal guardian and submitted with the roster in order to play.
- 3) A request to add a player to the roster already submitted must be on a parish and/or school letterhead and formally approved by the Pastor and/or school Principal and/or REP Coordinator and submitted to Commissioner no later than April 12.
- 4) Changes to the match schedules will not be allowed.
- 5) Distribution of match schedules will not be made unless rosters are complete with proper signatures, and valid waivers are received for each player.
- 6) All teams make the playoffs.

Protocols and Formats

- 1) All regular season matches will consist of two out of three games to 25 points, with a 27 point cap. If a third game is necessary, the third game will be to 15 points with a 17 point cap.
- 2) All playoff matches will be the best two out of three games to 25 points, no cap, win by 2 points. Higher seed calls the toss for game 1. The 3rd game will be to 15 points, no cap.
- 3) Matches can start up to 15 minutes ahead of scheduled start time, so teams should be at the playing site accordingly. Starting earlier than 15 minutes ahead of schedule requires the approval of both coaches and the site coordinator.
- 4) For regular season matches, a coin flip will occur before the first game only. The home team designates its bench and the visiting team calls the toss.
- 5) Prior to the start of EACH GAME, each team will turn in a written lineup to the second referee. This lineup will remain with the officials during the game.
- 6) 5 minutes after the scheduled match time, game 1 will be forfeited; 10 minutes after match time, games 1 and 2 will be forfeited; 15 minutes after match time, the match (*all 3 games*) will be forfeited.
- 7) Protests are not allowed. Decisions of the official, site coordinator or head official are final.

Rules Modifications

- 1) A team must have a MINIMUM of 4 players to start a game. At no time can a team have less than 4 players on the court. Additional players can be put in the open positions upon arrival.
- 2) When a team is competing with less than 6 players, there is no forced/automatic side out when an empty position rotates to serve; the next player on the court simply serves.
- 3) Each team is allowed a minimum of 12 substitutions per game. In 4th and 5th grade you MAY use continuous rotation. Please alert the official to this if you are going to use continuous rotation.
- 4) Each team is allowed two 30-second timeouts per game.
- 5) The warm-up time for all grade levels is 3-3-1, with the visiting team getting the court first. UNDER NO CIRCUMSTANCES IS THERE TO BE SHARED HITTING DURING THE WARM-UP PERIOD.
- 6) All players, including the libero, must wear legal uniform tops numbered 0-99 FRONT AND BACK in accordance with IHSA rules. Uniforms with numbers 00 or two digit numbers starting with 0 are illegal. A libero cannot wear a vest or a penny. THE FORFEIT TIME LIMITS APPLY TO THE TIME IT TAKES TO MAKE THE UNIFORMS LEGAL.
- 7) **Contrasting Color Combinations:** The color and brightness of the numbers must contrast with the color and brightness of the jerseys. The libero player's jersey must contrast in color with that of the predominant colors of the jerseys of the other team members. Color combinations such as purple/black, dark green/black, navy/black, navy/maroon, and white/light yellow are NOT distinctive enough to comply with the rules.
- 8) The serving line for grades 5-8 will be the end line. 4th graders may take one step over the end line.
- 9) Net heights: 4th, 5th and 6th grades play on a 7'0" net. 7th grade plays with a 7' 4 ¼" net, and 8th grade plays on a 7'8" net.
- 10) Contact by the ball with any part of the body is now considered legal contact.
- 11) Head coaches are allowed to stand throughout the match. During a dead ball, the coach can proceed all the way to the sideline or end line without going on or over the line to instruct their players. Once the serve is beckoned by the 1st referee, a coach must be closer to their bench than the sideline or end line until the rally is whistled dead. If a coach is carded in any way during a match, the privilege to stand is forfeited for the remainder of that match.

Additional Information

Grades 6-7-8 will have an A and B division. The A division will play for the Gold Ball and the B division will play for the Silver Ball.